

Deer Park Primary School



PSHCE and RSE Curriculum Vocabulary

Whole School PSHCE and RSE Curriculum Progression Grids

Key



RSE

PSHCE and RSE EYFS Cycle A

Autumn		Spring		Summer	
Relationships	Bullying Matters	Being Healthy	Difference and Diversity	Being Responsible	Exploring Emotions

Autumn	Spring	Summer
<p>Relationships</p> <p>Bullying Matters</p> <p>Unique Special Kindness Bullying Kind unkind</p>	<p>Being Healthy</p> <p>Healthy Physical exercise Toilet Wash Dry Clean teeth</p> <p>Difference and Diversity</p> <p>Similarities Differences Feelings Relationships</p>	<p>Being Responsible</p> <p>Good manners Actions Washing Recycling</p> <p>Exploring Emotions</p> <p>Feelings Kind Unkind Actions</p>

PSHCE and RSE EYFS Cycle B

Autumn		Spring		Summer	
Being Me	Being Safe	Drug Education	Changes	Money Matters	Growing Up

Autumn	Spring	Summer
<p>Being Me</p> <p>Like Dislike Similarities Differences Persevere</p> <p>Being Safe</p> <p>Help Rules Safe Unsafe</p>	<p>Drug Education</p> <p>Safe Unsafe Healthy Medicine Help</p> <p>Changes</p> <p>Different Similar Same patterns</p>	<p>Money matters</p> <p>Coins Pence Pounds kindness</p> <p>Growing Up</p> <p>Help Young Old Babies Children Adults Grow Similar Different</p>

PSHCE and RSE Year 1 and 2 Cycle A

Autumn

Spring

Summer

Relationships

Bullying Matters

Being Healthy

Diversity

Being Responsible

Exploring Emotions

Relationships

Friendship
Kind
Unkind
Special
Conflict
Pressure
family
Differences
Similarities

Bullying Matters

Kind
Unkind
Hurtful

Being Healthy

Health
Dental
Food
Drink
Physical activity
Sleep
Relaxation
Germs
Sun damage

Diversity

Same
Different
Special
Fair
Unfair
Equal

Being Responsible

Rules
Responsibilities
Fair
Waste
Care

Exploring Emotions

Feelings
Comfortable
Uncomfortable

PSHCE and RSE Year 1 and 2 Cycle B

Autumn

Spring

Summer

Being Me

Being Safe

Drug Education

Changes

Money Matters

Growing Up

Being Me

Likes
Dislikes
Similarities
Differences
Respect
Community
Belong

Being Safe

Online
Passwords
Adult supervision
Are restrictions
Risks
Hazards
Safe

Drug Education

Medicine
Illness
Prevent
Harmful
Body
Skin
Rules

Changes

Loss
Change
Feel
Behave
Feelings
Help

Money Matters

Money
Choices
Spend
Save
Strengths
Talents
Jobs

Growing Up

Penis
Vagina
Pregnant
Testicles
Breasts
Genitals
Foetus
Anus

PSHCE and RSE Year 3 and 4 Cycle A

Autumn

Spring

Summer

Relationships

Bullying Matters

Being Healthy

Difference and Diversity

Being Responsible

Exploring Emotions

Relationships

Positive,
Healthy
Unhealthy
Friendship
Resolve
Persuasion
Influence
Pressure
Wellbeing
Arguments
Resolve
Family structures

Bullying Matters

Bullying
Bystander`
Behaviour
Uncomfortable
Consequences
Support

Being Healthy

Healthy lifestyle
Balanced diet
Informed choice
Physically inactive
Mind
Body
Mental health
Dental health
Brush
Floss
Hygiene
Infection
Sun exposure
'5 Ways to Wellbeing'

Diversity

Similarities
Differences
Views
Self-respect
Stereotypes
Equal

Being Responsible

Rules
Laws
Consequences
Human Rights
Responsibilities
Climate Change
Community
Welfare

Exploring Emotions

(A wider vocabulary to describe how they feel)
Comfortable
Uncomfortable
Think
Behave
Feel
Mental Health
Intense feelings
Accessing help

PSHCE and RSE Year 3 and 4 Cycle B

Autumn

Spring

Summer

Being Me

Being Safe

Drug Education

Changes

Money Matters

Growing Up

Being Me

Strengths
Interests
Unique
Visible differences
Invisible differences
Respect
Celebrate
Community
Support

Being Safe

Online
Passwords
Trusted sites
Misinformation
Sharing Information
Report
Age Restrictions
Risk
First Aid
Common injuries
Emergency

Drug Education

Medicine
Purpose
Prevent
Risks
Misusing (legal drugs)
Circle of Support
Emergency

Changes

Loss
Change
Feelings
Thoughts
Behaviours
Time
Intensity
Expressing Feelings

Money Matters

Saving
Spending
Track
Needs
Wants
Priorities
Achievements
Strengths
Careers

Growing Up

Penis
Vagina
Pregnant
Testicles
Breasts
Genitals
Foetus
Anus
Womb
Puberty
Pubic hair

PSHCE and RSE Year 5 and 6 Cycle A

Autumn

Spring

Summer

Relationships

Bullying Matters

Being Healthy

Difference and Diversity

Being Responsible

Exploring Emotions

Relationships

Peer influence
Approval
Marriage
civil partnership
Disputes
resolve,
Reconcile
Stability
love

Bullying Matters

Direct
Indirect
Cyberbullying
Unkind
Bullying
Discrimination
Consequences
Resolve
Dispute
Excluded
unsafe
support

Being Healthy

Physical health
Mental health
Healthy diet
Balanced lifestyle
Habits
Healthy lifestyle
Sleep
Lack of sleep
Dental health
Infection
Personal hygiene
Sun damage
Skin cancer
Balance

Diversity

Diverse community
Individuality
Personal qualities
Views
Opinions
Backgrounds
Discuss
Debate
Compassion
Stereotypes
Fair society

Being Responsible

Law
Human rights
Responsibilities
Community
Diversity
compassion

Exploring Emotions

Conflict feelings
Mental health
Physical health
Wellbeing
support

PSHCE and RSE Year 5 and 6 Cycle B

Autumn		Spring		Summer	
Being Me	Being Safe	Drug Education	Changes	Money Matters	Growing Up

<p>Being Me</p> <ul style="list-style-type: none"> Identity Talents Strength Respect value Differences Similarities Discrimination Community Shared events Diversity <p>Being Safe</p> <ul style="list-style-type: none"> Personal responsibility Balancing time online/offline Age restrictions/regulations Predict, manage, assess risks online/offline Pressure Hazards Choking Bleeding Emergency services 	<p>Drug Education</p> <ul style="list-style-type: none"> Rules Laws Risks Effects Alcohol Tobacco Substances Peer influence Peer approval Reliable sources <p>Changes</p> <ul style="list-style-type: none"> Loss Bereavement Change Human life cycle Internal conflicting emotions Problem solving strategies 	<p>Money Matters</p> <ul style="list-style-type: none"> Bank account Payment Risks Gambling Financial risks Spending Saving Career Stereotypes Aspirations Community <p>Growing Up</p> <ul style="list-style-type: none"> Vagina Pregnant Testicles Breasts Genitals Foetus Sperm Egg/Ovum Ovaries Fallopian tube Uretha Anus Womb Puberty Pubic hair Period Masturbation Hormones Sexual inter-course Conception Semen Ovulation Labia Clitoris Fore skin Wet dream Menstruation Ejaculation Erection
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