Christmas in the Workshop

Let's think about how Santa and the Elves are feeling at Christmas time. Christmas is a really busy time. For some people, it can be exciting whereas for others it can be a stressful time. Can you think of all the different emotions that Santa and the Elves might be feeling and what they can do to help themselves?

For example, the Elves might be worried that they will not get the presents made in time and so they can ask each other for help.



